

1965 - 2008
44th Annual

SHOW-ME-HIKE

Greenbrier State Forest

Hart's Run, White Sulphur Springs, West Virginia

Evening Program, April 25, 2008

Show-Me-Hike, Saturday, April 26, 2008



7:30pm Friday, April 25

The Once and Future Forest (of West Virginia)

Enjoy some evening refreshments – coffee and dessert, and this year's program presented by biologist David Lawrence of Culpepper, Virginia in the Ware Room, White Sulphur Springs Civic Center, White Sulphur Springs, West Virginia



8:00am Saturday, April 26

Charlie's Bird Walk

Our knowledgeable bird leader begins the walk from the entrance to the Cabin area located approximately 1 mile on the right from the Main Office of Greenbrier State Forest located at Caldwell, 1 mile south of I-64, exit 175, on Hart's Run Road.



10:00am Saturday, April 26

Show-Me-Hike

Meet the professional guides at the Main Picnic Shelter of Greenbrier State, located approximately 1.5 miles on the left from the Main Office. Pick up a Spring Wildflower check list, sip a cup of gourmet coffee and select from 5 walk or walk and ride tours through Greenbrier State Forest, over Kate's Mountain, or along the Greenbrier River Trail.



All Day Tours - 10 am to 4 pmish

Greenbrier River Trail: A walk/ride van tour along Greenbrier River Trail with possibility of identifying 135+ different flowering species of common and not-so-common spring flowering plants. Return around 4 pmish.

Kate's Mountain Tour: This hiker's hike begins from the Picnic Shelter, goes up Young's Nature Trail, along Kate's Mountain Road, down along Rocky Ridge Trail and returns to the Picnic Shelter by approximately 4 pm. Bring your picnic lunch for a picnic at Kate's Mountain Picnic area.



Morning Tours - 10 am to 12 noon

Black Bear Tour: A moderately difficult hike with a good diversity of wildflowers. Leave your picnic lunch in the cooler as the tour returns for lunch at the picnic shelter.

Mabel Dowdy Trail : An easy, short walk with several spring wildflowers to view along parts of Mabel Dowdy, Black Bear, Old Roads, and the YCC Exercise Trails. Leave your picnic lunch in the cooler as the tour returns to the picnic shelter by lunch time.



Afternoon Tours - 1:30 to 4pmish

Shale Barren Tour: An afternoon van tour across Kate's Mountain to seek out plants specifically endemic to shale barrens - like the rare Kate's Mountain Clover, Leather Flower, and Bird's Foot Violet.

Mabel Dowdy Trail: An easy, afternoon tour with several spring wildflowers to view along parts of Mabel Dowdy, Black Bear, Old Roads, and the YCC Exercise Trails.

Special Interest & Children's Program: nature oriented activities program for groups of children of all ages is available by advance notice.

All tours are geared for fun, the love of nature, and an opportunity to see and identify common (99 Spring Flowers in bloom identified in 2007 - all time record 137) and not-so-common spring flowering plants.

All tours, and the hike pace, are geared for all ages and not considered difficult.

Dress for a day with nature. Bring a Picnic Lunch. We do not cancel.

For more details call 304.536.1944 or 304.536.2500 email: www.greenbriersf.com • valleyguide@citynet.net

sponsored by Old White Garden Club and Greenbrier State Forest